



Has there been a time in the past year...

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|--|---------------------------|--------------------------|
| a. When you felt like life was not worth living? | <input type="radio"/> Yes | <input type="radio"/> No |
| b. When you wished you were dead, for instance that you would go to sleep and not wake up? | <input type="radio"/> Yes | <input type="radio"/> No |
| c. That you thought of taking your own life, even if you wouldn't really do it? | <input type="radio"/> Yes | <input type="radio"/> No |
| d. When you reached the point where you seriously considered taking your own life, or perhaps made plans how you should go about doing it? | <input type="radio"/> Yes | <input type="radio"/> No |
| e. When you made an attempt on your own life? | <input type="radio"/> Yes | <input type="radio"/> No |

SCORING

No items endorsed --> no ideation

Endorsing item 1 and/or 2 --> death ideation

Endorsing item 3, 4, and/or 5 --> suicide ideation

Paykel ES, Myers JK, Lindenthal JJ, et al: Suicidal feelings in the general population: a prevalence study. *Br J Psychiatry*. 1974. 124:460–469.