



**QUALITY OF LIFE ENJOYMENT AND SATISFACTION QUESTIONNAIRE- SHORT FORM**

Taking everything into consideration, during the past week how satisfied have you been with your...

OVERALL LEVEL OF SATISFACTION

	Very Poor	Poor	Fair	Good	Very Good
1) ...physical health?	1	2	3	4	5
2) ...mood?	1	2	3	4	5
3) ...work?	1	2	3	4	5
4) ...household activities?	1	2	3	4	5
5) ...social relationships?	1	2	3	4	5
6) ...family relationships?	1	2	3	4	5
7) ...leisure time activities?	1	2	3	4	5
8) ...ability to function in daily life?	1	2	3	4	5
9) ...sexual drive, interest and/or performance?	1	2	3	4	5
10) ...economic status?	1	2	3	4	5
11) ...living/housing situation?	1	2	3	4	5
12) ...ability to get around physically without feeling dizzy or unsteady or falling?*	1	2	3	4	5
13) ...your vision in terms of ability to do work or hobbies?	1	2	3	4	5
14) ...overall sense of well being?	1	2	3	4	5
15) ...medication? (If not taking any check here _____ and leave item blank)	1	2	3	4	5

16) How would you rate your overall life satisfaction and contentment during the past week?

1

2

3

4

5

### **SCORING**

Total the first 14 items. This is your **raw score**.

Calculate the **Percentage Maximum Possible Score**:

Subtract 14 from the Raw Score. Divide this number by 56.

$$\frac{\text{Raw Score} - 14}{56} = \% \text{ maximum possible score}$$

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Endicott J, Nee J, Harrison W, Blumenthal R. Quality of Life Enjoyment and Satisfaction Questionnaire: A New Measure.  
*Psychopharmacology Bulletin* 29(2):321-326, 1993.